

# Service Project

## Beverage Kits

Beverages are one of the most requested items in our food shelf and are expensive for us to purchase. Help ensure we always have shelves stocked with options for guests. *Interfaith Outreach is unable to purchase or provide materials for a service project, please plan to purchase or source items on your own.*

### Each kit should include:

1. Coffee K-cup pods; 10 – 15 per kit
2. Tea Bags (wrapped in original paper packaging); 15 – 20 per kit
3. Water Flavor Sticks; 15 – 20 per kit

Kits should be packed with the number of items indicated and all items included should be the same type or flavor. So, one kit = 15 medium roast k-cups, OR 15 dark roast k-cups, OR 10 English Breakfast tea bags. Packing items this way allows families and individuals to choose kits that contain items they enjoy.

Place all items into gallon, quart, or sandwich size Ziploc bags and seal tightly.

- Quart bags should be used for K-Cup pods
- Sandwich bags should be used for tea bags or Water Flavor Sticks

Plan to pack kits in boxes that do not need to be returned. Banana boxes – a specific type of box grocery stores often have on hand – make a great container to pack and donate kits in because IOCP can reuse them for our Food Shelf Home Delivery program.

Please complete our online **Large Donations Form** ([iocp.org/large-donations](https://www.iocp.org/large-donations)) a few days before dropping items off to ensure the best experience. Our staff will respond to answer questions and confirm details.

Contact the IOCP Community Engagement Team with questions at [getinvolved@iocp.org](mailto:getinvolved@iocp.org).

### Example Items:

- Tea: Lipton, Tazo, Bigelow, or Celestial brands
- K-Cups: Kirkland, Dunkin, Tim Horton, Caribou, or Starbucks brands
- Water Flavor Sticks: Liquid I.V., True Lemon, Crystal Light, or Propel brands

# Service Project

## Feminine Hygiene Packs

Feminine Hygiene products are always needed but are expensive and difficult for us to purchase. Help ensure we always have shelves stocked with options for guests in the IOCP Food Shelf. Gather volunteers to assemble the packs. *Interfaith Outreach is unable to purchase or provide materials for a service project, please plan to purchase or source items on your own.*

**Each kit should include one or two weeks of products (somewhere between 24 - 35 items):**

- Tampons (in all sizes; Light – Ultra)
- Maxi Pads (in all sizes; Ultra Thin – Heavy Overnight)

### Instructions:

- Determine how many kits your team/group would like to pack
- Purchase or source the tampons/pads your group will need to pack along with Ziploc bags (or equivalent product)
  - Kits should include one to two weeks' worth of products
    - Maxi pad kits need 24 – 35 pads
    - Tampon kits need 28 – 35 tampons
  - Each kit should contain the same items, so one kit = 30 of the same size maxi pads or 30 of the same size tampons. Packing items this way allows families and individuals to choose kits that contain items they need.
- Purchase enough Ziploc bags (or equivalent product) to pack all kits
  - Kits of pads will most likely need a gallon size Ziploc bag
  - Kits of tampons will need a quart size Ziploc bag
- Write on your quart or gallon size Ziploc bag product details including:
  - Pad/Tampon size (teen, slender, medium, large)
  - Pad/Tampon absorbency (light, regular, super, super plus, ultra)
- Place all items into a quart (for tampons) or gallon (for maxi pads) size Ziploc bag and seal

Plan to pack the kits in boxes that do not need to be returned. Banana boxes – a specific type of box grocery stores often have on hand – make a great container to pack and donate kits in because IOCP can reuse them for our Food Shelf Home Delivery program.

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## Healthy Snack Packs

Healthy snacks are one of the most requested items in our food shelf and are expensive and difficult for us to purchase. Help ensure we always have shelves stocked with options for guests. *Interfaith Outreach is unable to purchase or provide materials for a service project, please plan to purchase or source items on your own.*

**Each kit should include 6-8 items; below is a list of most requested snacks:**

- Granola bars
- Individual packages of crackers, pretzels, popcorn
- Applesauce or fruit cup/pouches (no foil tops please, they puncture easily and make a mess)
- Fruit snacks or fruit leather
- Individual packages of mixed nuts or trail mix

Kits should be packed with 6 – 8 of the same items; one kit = 8 granola bars OR 7 fruit cups OR 7 individual packages of the same flavor of chips. Packing items this way allows families and individuals to choose kits that contain items they will enjoy.

Place all items into a sandwich, quart, or gallon size Ziploc bag and seal tightly.

- Gallon bags should be used for individual packages of crackers, pretzels, popcorn, or fruit cups/pouches
- Quart bags should be used for individual bags of mixed nuts, trail mix, or fruit snacks
- Sandwich bags should be used for granola bars

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### Example Items:

- Granola Bars: [Kirkland Soft & Chewy](#) OR [CLIF Bar](#)
- Crackers/Pretzels/Popcorn: [Ritz Bits](#), [Goldfish](#), [Skinny Pop](#), [Pirate's Booty](#), [Dot's Pretzels](#), OR [Snyder's](#)
- Fruit Cups/Pouches: [Applesauce](#) OR [Mandarin Orange Cups](#), [Fruit & Veggie](#) OR [Applesauce Pouches](#)
- Fruit Snacks: [Mott's](#) OR [Welch's Fruit Snacks](#), [Fruit Bars](#), OR [Mini Fruit Bars](#)
- Nuts/Trail Mix: [Trail Mix](#), [Snacking Nuts](#), [Pistachios](#), OR [Planters Nuts](#)

# Service Project

## Laundry Kits

Laundry detergent is one of the most requested items in our food shelf and difficult for us to purchase. Help ensure we always have shelves stocked with options for guests in the IOCP Food Shelf. *Interfaith Outreach is unable to purchase or provide materials for a service project, please plan to purchase or source items on your own.*

**Each kit should include 20 – 30 laundry detergent pods.**

### Instructions:

- 1) Gather enough laundry pods and gallon size Ziploc® bags to pack the desired number of kits.
- 2) Label each bag with the name of detergent and the scent (or if it is free and clear).
- 3) Put 20 – 30 laundry pods in each gallon size Ziploc® bags (total number that will fit in each bag may vary depending on the brand).
- 4) Pack all completed kits into boxes to deliver to IOCP during regular donation door hours.

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### Example Items:

- [Kirkland Oxi Power](#)
- [Kirkland UltraClean](#)
- [Tide Pods \(free & gentle\)](#)

# Service Project

## Pet Treat Kits

Pets are often an important part of a household, especially for individuals or seniors who may live alone. When budgets get tight or fixed incomes are small, expenses like pet food or treats can be stressful. Thanks for your help in supplying pet treats for the families and individuals we serve. *Interfaith Outreach is unable to purchase or provide materials for a service project, please plan to purchase or source items on your own.*

### Instructions:

- 1) Purchase bulk pet treats and re-closable quart or sandwich size plastic bags (like Ziploc®).
- 2) Label each Ziploc bag with the name, ingredient list, caution messages, portion size, etc. This can be printed on a mailing label or on paper that can be inserted inside the clear plastic bag. This information can be photocopied from the original container.
- 3) Fill each Ziploc bag with between 15 – 35 treats and seal then pack all full bags into boxes to deliver to IOCP during regular donation door hours.

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### Treat Recommendations:

- Greenies brand treats for [Cats](#) or [Dogs](#) – a dental care treat
- Small treat pouches ([Catit Creamy](#) OR [Delectables](#))
- Temptations brand treats for Cats
- Kindful brand treats for Dogs ([Chicken Jerky](#), [Freeze-Dried Beef](#), OR [Rawhide-Free sticks](#))
- Kindful brand for Cats (Freeze-Dried [Shrimp](#) OR [Chicken](#))
- Blue Buffalo brand treats