

Find your fit in a HEALTHCARE career

Consider short-term training to become a

CNA

CERTIFIED NURSING ASSISTANT

» Train to be in a high demand career with competitive pay

\$22.97/hour Median Wage for 7-County Metro Area

WHAT DOES A CNA DO?

- Assist in activities of daily living: grooming, eating, toileting
- Turn, reposition, and transfer patients
- Record patient health concerns, report information to nurses
- Measure vital signs, such as blood pressure and temperature
- Work in a variety of settings, from hospitals to assisted living facilities

WHAT'S REQUIRED?

1. Locate a training program near you
2. Complete a state-approved education program (Typical training time: 2-6 weeks)
3. Pass the state's competency exams

*Factors affecting salary: experience, job location, employer

Sources: Bureau of Labor Statistics, U.S. Dept. of Labor, Occupational Outlook Handbook: Nursing Assistants and Orderlies, and Minnesota Department of Employment and Economic Development



ADVANCEMENT OPPORTUNITIES

Surgical Assistant

Psychiatric Aide

YOUR CNA CERTIFICATE CAN LEAD TO...

Licensed Practical Nurse (LPN)

Physical Therapist Assistant

FREE CAREER COACHING

» Contact IOCP Employment Services or see training programs on reverse side.

 763-489-7500

 employmentservices@iocp.org

 Visit us during Computer Lab Hours
iocp.org/outreach-services/employment

Find the training that works best for you

Or contact the IOCP Employment Services Team for help.
See contact info on reverse side.

TRAINING CENTER	TYPE OF PROGRAM	REQUIREMENTS
<p>CAPI capiusa.org 612-721-0122 Brooklyn Center, MN Cost: free</p>	<p>Blended 6 week CNA training and test prep</p> <p>-Internationally Trained Healthcare Professionals Program</p>	<ul style="list-style-type: none"> • Fall at or below 200% federal poverty guidelines • Legally authorized to work in USA • 18 or older • Clean background check • 5th grade Reading/Math levels
<p>East Side Neighborhood Services esns.org/ 612-781-6011 Minneapolis, MN Cost: free</p>	<p>7 week CNA training and test prep in partnership with Minneapolis College, JJs School of Technology, and industry leaders</p>	<ul style="list-style-type: none"> • Clean background • 8th grade Reading level • High School Diploma/GED
<p>Emerge emerge-mn.org (612) 529 9267 Minneapolis, MN Cost: free</p>	<p>Healthcare Pathways- CNA, BLS, TMA</p>	<ul style="list-style-type: none"> • Contact Emerge to learn about specific program eligibility requirements
<p>International Institute iimn.org 651-647-0191 Saint Paul, MN Cost: free</p>	<p>Hybrid CNA classes Placement in 7- or 11-week class based on English reading assessment</p> <p>-Internationally Trained Healthcare Professionals program</p>	<ul style="list-style-type: none"> • New Americans • 17 years and older • Not currently enrolled in high school
<p>Metro Technical Colleges</p> <p>-Hennepin Technical College -Minneapolis Community and Technical College -Normandale Community College -Anoka Technical College</p>	<p>CNA training, test prep, and refresher courses</p> <p>Scholarships and state/federal aid are available</p> <p>Check out if you are eligible for WIOA!</p>	<ul style="list-style-type: none"> • High school diploma or GED • Adequate Accuplacer results
<p>HeartCert twincities.heartcertcpr.com (651) 261-2314 Cost: \$1,500</p>	<p>Various short term options for CNA training</p> <p>-43 hours of online class and 35 hours of classroom and lab</p>	<ul style="list-style-type: none"> • Must be 16 or older • Basic Life Support CPR certification recommended