

HOW TO SCHEDULE (OR CANCEL) A FOOD SHELF APPOINTMENT

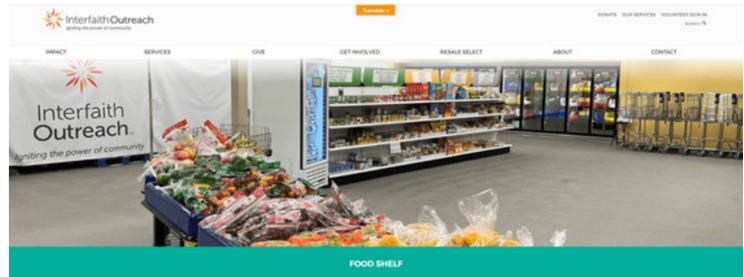
All visits made by appointment: Mondays | Wednesdays | Thursdays | Fridays
Visit as often as every other week.

You need an email and phone number to schedule an appointment.

1

Visit IOCP's website and find the Food Shelf page (listed under SERVICES tab): <https://iocp.org/outreach-services/food-shelf/>

Or log directly to iocp.org/food



2

Click on the orange button that says, "SIGN UP FOR A FOOD SHELF APPOINTMENT"

You will be moved to the SignUpGenius website where you can make, change, or cancel an appointment.

Or scan this QR code

<https://signupgenius.com/go/interfaith>



CLICK HERE

Food Shelf Assistance

IOCP's food shelf provides no-cost food and household essentials to stretch household budgets. Our grocery store-style environment welcomes guests with a variety of healthy and culturally-specific options, including fresh produce, gluten-free items, kid-friendly snacks, and a variety of meats, including halal options. Visit our [Services](#) page to learn more about other IOCP programs and services for those in the western metro area of the Twin Cities suburbs.

SIGN UP FOR A FOOD SHELF APPOINTMENT

3

You will be moved to the SignUpGenius website.

- Choose an appointment date/time that works for you, then click the Sign Up button.
- If button says "full," no appointments are available at that time.

Date	Location	Time Slot	Status	Action
05/03/2024 Friday	Interfaith Outreach & Community Partners - Food Shelf 1805 County Rd 101 Plymouth, MN 55447	10:00am-10:20am	Food Shelf Appointments All 5 slots filled	Full
		10:20am-10:40am	Food Shelf Appointments All 5 slots filled	Full
		10:40am-11:00am	Food Shelf Appointments 4 of 5 slots filled	Sign Up
		11:00am-11:20am	Food Shelf Appointments 1 of 5 slots filled	Sign Up

4

Scroll to the bottom of the page, and click Save & Continue.

Date	Location	Time Slot	Status	Action
05/03/2024 Friday	Interfaith Outreach & Community Partners - Food Shelf 1805 County Rd 101 Plymouth, MN 55447	9:40am-10:00am	Food Shelf Appointments All 5 slots filled	Full
		10:00am-10:20am	Food Shelf Appointments All 5 slots filled	Full
		10:20am-10:40am	Food Shelf Appointments All 5 slots filled	Full
		10:40am-11:00am	Food Shelf Appointments 3 of 5 slots filled	Selected
		11:00am-11:20am	Food Shelf Appointments 4 of 5 slots filled	Sign Up

CLICK HERE **Save & Continue**

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5 Fill out the form.

- Type your **name**, **email address** and **phone number**.
- Type the name of your **city**.
- Type the **number of people in your household**.
- Click **Yes** or **No** to answer if this is your **first visit**.
- Type **how many children under age 5** are in your household.
- Click **Sign Up Now** button to save this form.

SignUpGenius Features Pricing More Create a Sign Up Log In

← Back to Interfaith Outreach & Community Partners Food Shelf

Sign Me Up

Sign me up for:

Available Appointments	Date (mm/dd/yyyy - CDT)	My Comment	Quantity
Food Shelf Appointments	Fri., 05/03/2024 10:40am - 11:00am		1

Name: Peter Parker
 Email: peter.parker@empirestate.edu
 Phone: 763-616-1962

How many children under the age of 5? 0
 How easy was it to make an appointment today? 5
 How can we improve the sign up experience? (Optional)

By signing up, you agree to the SignUpGenius Terms of Service and Privacy Policy.

[Sign Up Now](#) [Cancel](#)

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6 You will see a message confirming your appointment.

A confirmation will be sent to your email address.

SignUpGenius Features Pricing More Create a Sign Up Log In

Thank you, Peter!

You're all signed up for **Interfaith Outreach & Community Partners Food Shelf**.

A confirmation email with an attached iCalendar has been sent to you.

- ✓ Food Shelf Appointments
Wed., 06/07/2023 3:40pm - 4:00pm CDT
Location: Interfaith Outreach & Community Partners - Food Shelf

One more thing! Want to make it easier to sign up or edit your items in the future?
Create a free SignUpGenius account

[Back to Sign Up](#)

You're all set!
We look forward to your visit.

7 On the day of your appointment...

- Arrive at the IOCP building a few minutes before your appointment time.
- Check in at the front desk.

Questions about IOCP Food Shelf? Need assistance in making an appointment?

Leave a message with a Food Shelf Experience Coordinator at 763-489-7534 or email foodshelf@iocp.org
Servicio en idioma español disponible.

8 Need to cancel or change your appointment?

- Find your confirmation email in your email inbox
- Click "Edit My Sign Up"
- Cancel your appointment
- If you'd like to reschedule your visit, resubmit your form (see step 5)

SignUpGenius Features Pricing More Create a Sign Up Log In

Thank you, Peter!

You're all signed up for "Interfaith Outreach & Community Partners Food Shelf."

- ✓ Food Shelf Appointments
05/03/2024 (Fri.) 10:40am - 11:00am CDT
Location: Interfaith Outreach & Community Partners - Food Shelf

[View Sign Up](#)

[Edit My Sign Up](#) [Contact Interfaith Outreach Food Shelf](#)