

# FOOD SHELF HOURS

All visits are by appointment only.

**MONDAY** 1 - 6 p.m.

**TUESDAY** CLOSED

**WEDNESDAY** 9 a.m. - 12 p.m.  
2 - 7 p.m.

**THURSDAY** 5 - 7 p.m.

**FRIDAY** 9 a.m. - 12 p.m.

Sign up for a Food Shelf appointment:  
[iocp.org/foodvisit](http://iocp.org/foodvisit)

Or scan this QR code:



Visit as often as once every two weeks.

Learn more about the IOCP Food Shelf via our website:  
[iocp.org/food-shelf](http://iocp.org/food-shelf)

**Questions or want help canceling or changing a food shelf appointment?**

Contact a Food Shelf Experience Coordinator at 763-489-7534 or email [foodshelf@iocp.org](mailto:foodshelf@iocp.org)  
*Se habla español.*

# HORARIO DEL BANCO DE ALIMENTOS

**LUNES**

sólo con cita

1 - 6 p.m.

**MARTES**

**CERRADO**

**MIÉRCOLES**

sólo con cita

9 a.m. - 12 p.m.

2 - 7 p.m.

**JUEVES**

sólo con cita

5 - 7 p.m.

**VIERNES**

sólo con cita

9 a.m. - 12 p.m.

Visítelo una vez cada dos semanas.

Obtenga más información acerca del banco de alimentos de IOCP en nuestro sitio web: [iocp.org/food-shelf](http://iocp.org/food-shelf)

*Se habla español.*

# SAACADAHA SHELFKA CUNADA

**ISNIIN**

Balan oo kaliya

1 - 6 p.m.

**TALAADO**

**WAY XIRANTAHAY**

**ARBACADA**

Balan oo kaliya

9 a.m. - 12 p.m.

2 - 7 p.m.

**QAMIISTA**

Balan oo kaliya

5 - 7 p.m.

**JIMCAHA**

Balan oo kaliya

9 a.m. - 12 p.m.

Booqo marar badan labadii

toddobaadba mar.

Baro wax badan oo ku saabsan Shelf Cunnada ee IOCP adoo isticmaalaya websaydkayaga: [iocp.org/food-shelf](http://iocp.org/food-shelf)

## РАСПИСАНИЕ РАБОТЫ ПРОДУКТОВОГО МАГАЗИНА

**ПОНЕДЕЛЬНИК**

только по

предварительной записи

1 - 6 p.m.

**ВТОРНИК**

**ЗАКРЫТО**

**СРЕДА**

только по

предварительной записи

9 a.m. - 12 p.m.

2 - 7 p.m.

**ЧЕТВЕРГ**

только по

предварительной записи

5 - 7 p.m.

**ПЯТНИЦА**

только по

предварительной записи

9 a.m. - 12 p.m.

Посещение возможно не чаще одного раза в две недели.

Подробнее о продуктовом шкафе IOCP вы можете узнать на нашем веб-сайте: [iocp.org/food-shelf](http://iocp.org/food-shelf)