

FOOD SHELF DONATION LIST

When you donate to IOCP's food shelf, you help meet the basic needs of hundreds of households each week. *Thank you!*

FOOD SHELF STAPLES:

These kitchen and household essentials are popular among our guests. Donate at any time of year to keep our shelves stocked and community nourished.

- Adult diapers
- Baby wipes
- Baking mixes (muffins, cake, etc.)
- Bottled water
- Canned chicken or fish
- Canned tomato products
- Coffee or tea
- Cooking oil
- Dried herbs and spices
- Feminine hygiene products, especially pads
- Fresh fruit, especially citrus fruits and melons
- Fresh vegetables, especially corn on the cob, cucumbers, green peppers, squash
- Healthy snacks (granola bars, trail mix, dried fruit, etc.)
- Jam/jelly
- Juice boxes
- Laundry detergent
- Meal-in-a-box or can
- Name-brand boxed cereal
- Paper towels
- Pasta
- Pasta sauces (jars)
- Peanut butter
- Pull-up diapers
- Rice
- Squeeze pouches (apple sauce, etc.)
- Textured hair products
- Toilet paper
- Toiletries (toothpaste, bar soap, deodorant)

IMMEDIATE NEEDS:

Our food shelf regularly has items that are in high-demand by guests or are temporarily more expensive or difficult for us to source. View this list by scanning the QR code or visiting <https://iocp.org/most-needed-donations>.



HOLIDAY FOOD NEEDS:

Help our neighbors celebrate special traditions! Please drop off items 2-3 weeks before the holiday.

- Passover: Matzah bread
- Easter: Ham, potatoes, Easter candies
- Eid al-Fitr: Dates
- Rosh Hashanah: Apples, honey Thanksgiving: Turkey, stuffing, gravy, collard greens, mustard greens, turnip greens, russet potatoes, sweet potatoes, cranberries
- Chanukah: Chocolate coins, applesauce, sour cream, potatoes
- Christmas: Turkey, ham, gravy, potatoes, baking ingredients

REV. 04-2025

Donation Door Hours are Mondays, Wednesdays, Fridays from 10 a.m.-5 p.m.

Please call 763-489-7545 to schedule a large delivery or email AI at afarha@iocp.org with questions.

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