



IOCP Service Area

IOCP serves residents of Plymouth (west of 494), Hamel, Long Lake, Medina, Minnetonka Beach, Orono and Wayzata.

Food Shelf

IOCP's food shelf provides no-cost food and toiletries to stretch household budgets. Our grocery store-style setting welcomes guests with a variety of healthy and culturally-specific options. Guests may stop by during drop-in hours, make an appointment at iocp.org/foodvisit or call 763-489-7545.

Visit as often as every other week. First-time guests should bring their photo ID, along with a lease or utility bill.

FOOD SHELF HOURS

MONDAY by appointment only	1 - 6 p.m.
TUESDAY	CLOSED
WEDNESDAY by appointment only	9 a.m. - 12 p.m. 2 - 5 p.m.
THURSDAY drop-in hours	5 - 7 p.m.
FRIDAY by appointment only	9 a.m. - 12 p.m.



Resale Select Store

IOCP's Resale Select store provides high quality clothing, household goods and furniture at low prices to stretch tight budgets. In some cases, individuals working with IOCP Case Managers or Employment Services staff can be referred to Resale Select for items necessary for basic needs and ongoing stability up to every six months at no cost.



Financial Assistance

We can help to resolve an immediate financial emergency and connect clients with information and resources. Assistance includes rent, utilities, and car repair. Learn more via our website: iocp.org/outreach-services/family-support.



Housing Navigation

For individuals and families who live in the IOCP service area and who are experiencing changes in their housing circumstance and/or affordability, IOCP staff will help develop and implement a housing stability plan in partnership with the Housing Resource Navigator. Most housing stability plans will be achieved within multiple months. *This program does not provide any financial housing assistance.*

To learn more about our services and resources in the broader community...

- email clientintake@iocp.org
- call 763-489-7500
- visit our website: iocp.org
- stop by our Plymouth office:
1605 County Road 101 N.
during front desk hours:
Monday: 9 a.m. - 6 p.m.
Tuesday: 9 a.m. - 5 p.m.
Wednesday: 9 a.m. - 5 p.m.
Thursday: 9 a.m. - 7 p.m.
Friday: 9 a.m. - 12 p.m.

To get started on any of these services, unless noted otherwise, call 763-489-7500, or send an email to clientintake@iocp.org.

Our Services (continued)



General Case Management

Case Management staff support individuals and families to achieve increased housing and/or financial stability. Individuals will work on goal planning, get connected to resources, and get support in problem-solving, advocacy, and navigating systems.



Employment Services

Along with providing Technology Assistance and Computer Lab access, Employment Services staff can help clients achieve their education and employment goals through

- **Express:** Easy-to-access job search assistance, digital literacy training & other skill-building opportunities
- **Coaching:** To find a job within 5 months that meets a families' financial needs
- **Training:** Access to employment training opportunities that will increase earning potential
- **Advancement:** Support to maintain employment and keep moving on a career path



Caring for Kids

Caring for Kids (CfK) supports families to ensure kindergarten readiness among birth to 5-year-olds. CfK provides scholarships to a network of quality childcare providers, case management, parent education, in-home mental health support and access to other support services.



Neighborhood Program

For those living in select neighborhoods* our Neighborhood Program Staff provides comprehensive services right where people live. On-site coordinators are available to residents to provide housing and family stability services, youth program access, and community connections. These coordinators are available in-person and via phone, text, and email.

**Neighborhood Program sites include Cranberry Ridge, Currents, Kimberly Meadows, Lakeview Commons, Medina Townhomes, Plymouth Colony, Shenandoah Woods, Vicksburg Commons, and Willow Wood Estates.*



Self Care and Mental Health

We partner with several providers of emotional and mental health support to make services accessible and affordable. Multiple partners are important because we are a diverse community, and no one service is right for all. Services are available to children and adults who are looking for support related to managing stress and emotional and behavioral challenges. Our partners include **Relate Counseling** (for adult individuals, couples and families), **Washburn Center for Children**, and **The Center for Transformation and Training (CFTAT)** (which offers Biblical counseling for ages 13 & older.)